

Life Skills Coach Training Program Information

A training opportunity in decolonization and reclamation for individuals interested in becoming certified Life Skills Coaches

Offered by Sawano Pinesiwān

- Enhance your skills in working with Aboriginal people
- Recognize and appreciate the skills and experiences of all people
- Gain new insight into the intergenerational impacts of colonization
- Learn how to decolonize ourselves and support others to decolonize
- Examine post trauma and related stress and learn new ways of responding and helping others
- Deepen awareness about your strengths and gifts
- Develop life enhancing practices

Training will be offered in **five** day blocks from **Monday** through **Friday** for **7 weeks**. Classes will **begin** at **8:30 a.m.** and end at **4:30 p.m.** for a total of 245 hours.

Training Schedule:

- Week 1 [Feb. 8-12, 2010](#)
- Week 2 [Mar. 9-12, 2010](#)
- Week 3 [Apr. 5-9, 2010](#)
- Week 4 [May 10-14, 2010](#)
- Week 5 [Jun. 7-11, 2010](#)
- Week 6 [Jul. 5-9, 2010](#)
- Week 7 [Aug. 9-13, 2010](#)

Training Facilities:

[455 McDermot St, WPG, MB](#)

Trainers:

Ruth Murdock, Trainer
Greg Murdock, Life Skills Coach
Accredited Sawano Pinesiwān and Red River College (RRC)

Training certified by:

Sawano Pinesiwān (South Wind Thunder) and Red River College

Training Cost per participant:

\$2825.00 (includes [registration](#), [manuals](#) and [supplies](#)) class size 14 min - 16 max
*****Please note that the course is subject to cancellation if enrolment quota is not met *****

For more information call:

Ruth @ 204-697-1069
Greg @ 204-250-7401 or 306-535-8544
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Ruth_g_murdock@msn.com